



Evaluation and Treatment of Cervical Spine Disorder

Course Schedule

Day 1	Topic
7:30 – 8:00 AM	Registration
8:00 – 8:15 AM	Introduction
8:15 – 9:00 AM	Differential Diagnosis and Screening of the Upper Quarter <ul style="list-style-type: none"> • Red Flags
9:00 – 10:00 AM	Clinical Examination of the Cervical Spine <ul style="list-style-type: none"> • Treatment-Based Classification
10:00 – 12:00 PM	Cervical-Thoracic Manipulation Lab <ul style="list-style-type: none"> • Current evidence • Thrust and non-thrust mobilization
12:00 PM – 1:00 PM	LUNCH
1: 00 PM – 3: 00 PM	Cervical-Thoracic Manipulation Lab <ul style="list-style-type: none"> • Nerve root disorders • Thrust and non-thrust mobilization • Neurodynamics
3:00 PM – 4:00 PM	Exercise Prescription Patient Case # 1 Patient Case # 2 Review

Day 2	Topic
8:00 AM – 9:30 AM	Review <ul style="list-style-type: none"> • Manipulations
9:30 AM – 11:00 AM	Cervicogenic Headaches <ul style="list-style-type: none"> • Current Evidence • Manual Therapy • Exercise Prescription
11:00 AM – 12:00 PM	Movement Coordination Impairments <ul style="list-style-type: none"> • Whiplash-associated disorders
12:00 PM – 1:00 PM	Lunch
1:00 PM – 2:00 PM	Mechanical Pain of the Thoracic Spine
2:00 PM – 3:00 PM	Regional Interdependence of the Upper Quarter
3:00 PM – 4:00 PM	Patient Case #3 Patient Case #4 Review